

Annual Report on SDG2 Zero Hunger

2.3 Student Hunger

2.3.2 University interventions to prevent or alleviate student hunger (food banks / food access support)

Thaksin University recognizes that students may experience temporary food insecurity during periods of high academic pressure or unexpected crisis events. To address this, the university provides direct, practical, and responsive hunger-alleviation interventions, ensuring that students have access to adequate nutritional support when they need it most.

The “Energy Boost for Final Exams” program is implemented each semester during the final examination period to support student well-being and reduce stress associated with academic performance. The university provides free evening meals for students at both the Songkhla and Phatthalung campuses, offering service across dormitory areas and common study spaces. Meals are provided daily throughout the exam period (e.g., 3–13 March 2025), with a rotating and nutritionally balanced menu designed to maintain physical energy, promote mental focus, and offer emotional encouragement. The purpose of this intervention is to ensure that students can concentrate on their studies without facing hunger or financial strain, while fostering a supportive and caring academic atmosphere.





Public Evidence:

https://sdg.tsu.ac.th/detail.php?id_list=998&aNum=20250628151449

https://sdg.tsu.ac.th/detail.php?id_list=693&aNum=20241101151525

During the severe flooding that affected multiple provinces in Southern Thailand between November and December 2024, Thaksin University provided immediate food assistance to support students and nearby communities impacted by the crisis. The university established on-campus meal preparation centers and mobilized student volunteers, staff units, research centers, and community partners to coordinate relief efforts. More than **1,000 cooked meals** and **over 700 emergency supply kits** were distributed to affected households and students. Additionally, the university implemented the “Warm Meals, Warm Hearts” initiative, providing free evening meals to students residing on campus during the flooding period. This intervention ensured that students did not face hunger, emotional distress, or social isolation during a disruptive regional emergency.



Public Evidence:

https://sdg.tsu.ac.th/detail.php?id_list=808&aNum=20250130150136

<https://www.facebook.com/tsu.news.thaksin.university/posts/pfbid0279aTwPhvMMSkGJfEg3i5tOejxNPX569uzA9gSO7ytpjcdZ2oga3dhByLvKsbadSjl>

<https://www.facebook.com/tsu.news.thaksin.university/posts/pfbid0ariPKqePqAnOeyVh4F5KDaKbgJuRUOfqRo8LKd1mC9Kn78HhFGZKw4oE59fczs8l>

Outcomes and Impact

These interventions provided **immediate hunger relief** for students during periods of emotional, academic, and environmental stress. By reducing the burden of daily meals, the programs helped **alleviate financial pressure**, particularly for students with limited resources. They also strengthened students' sense of belonging and community support, fostering a caring campus environment. As a result, student resilience and academic readiness during examination periods were improved. Moreover, the university's response during the flooding crisis demonstrated strong university–community solidarity, reinforcing Thaksin University's role as a supportive and engaged institution in times of need.

These interventions directly advance **SDG 2: Zero Hunger** by providing timely, practical, student-centered hunger relief, complementing the university's ongoing long-term food security programs (SDG 2.3.1).